

POST CARE INSTRUCTIONS

MICRONEEDLING:

Post Care Instructions:

- Use the Lift product given at the time of your treatment for the remainder of the day you received treatment.
- Use the Rescue product given at the time of your treatment the following day and continue to reapply throughout the day and into the evening before bed.
- Use a gentle cleanser with tepid water to cleanse the face for the 48 hours. Gently dry the treated area.
- The day after your procedure, apply a broad spectrum UVA/UVB sunscreen with SPF of at least 30. A chemical-free sunscreen is highly recommended.
- If possible, try to avoid applying makeup for at least 24 hours post-treatment
- Do not go swimming for at least 24 hours post-treatment.
- Avoid intentional and direct sunlight for at least 24 hours post-treatment. Do not use tanning beds.
- No retinols, retin-A, topical prescriptions 7 days after your procedure.

What to Expect Post Treatment:

- Redness immediately following your procedure is common and will fade within a few hours to a few days.
- Your skin may appear slightly swollen for a few hours to a few days post-treatment.
- Bruising may occur. This is temporary and usually goes away within 2-14 days.
- The treated area must be protected from sun exposure for at least 2-3 weeks post-treatment to minimize the chances of pigmentation changes. Rarely, the treatment area may heal with increased or decreased pigmentation (skin coloring).
- If you have a history of cold sores, it is possible that treatment could cause a flare-up.

Complications:

- If blisters or bleeding are present, infection is possible. Scarring and associated pigment changes may result from an infection. Call our office if you are experiencing blisters and/or bleeding.

If you have any questions or concerns do not hesitate to contact SpaDerma at 773-529-5277