

POST CARE INSTRUCTIONS

PRP FACIAL INJECTIONS:

Post Care Instructions:

- Avoid touching the area for 3-4 hours following treatment, if necessary wear a clean facial mask.
- Mild erythema, swelling, tingling, a sensation of fullness and bruising are possible for hours to days following your injections. You can place a clean, cool compress on treated areas as needed.
- Lumps and bumps near injection site are normal for a few days following treatment, if these persist contact your provider.
- Avoid exercise and extreme temperatures for 24 hours following treatment.
- Avoid NSAIDs (ibuprofen, motrin, aspirin) for 72 hours following treatment.
- Avoid makeup and active skin care ingredients (i.e retinol) for 24 hours following treatment.

What to Expect Post Treatment:

- Redness immediately following your procedure is common and will fade within a few hours to a few days.
- Your skin may appear slightly swollen for a few hours to a few days post-treatment.
- Bruising may occur. This is temporary and usually goes away within 2-14 days.
- The treated area must be protected from sun exposure for at least 2-3 weeks post-treatment to minimize the chances of pigmentation changes. Rarely, the treatment area may heal with increased or decreased pigmentation (skin coloring).
- If you have a history of cold sores, it is possible that treatment could cause a flare-up.

Complications:

- If blisters or bleeding are present, infection is possible. Scarring and associated pigment changes may result from an infection. Call our office if you are experiencing blisters and/or bleeding.

If you have any questions or concerns do not hesitate to contact SpaDerma at 773-529-5277