

POST CARE INSTRUCTIONS

PRP HAIR RESTORATION:

Post Care Instructions:

- It is normal to experience itching, swelling, tingling and tenderness to the scalp for a few days following treatment. You may also experience a headache sensation, it is ok to take Tylenol if needed.
- Small bruises and scabs on the scalp are normal.
- You may continue to use topical hair loss products and treatments such as Minoxidil (Rogaine), supplements, and other treatments as soon as 24 hours after your treatment.
- Avoid exercise or sweating for 24-48 hours following treatment, swimming pools and saunas should be avoided for 48 hours.
- Avoid washing the hair for 24-48 hours following treatment.
 - When you resume washing your hair we recommend a shampoo and conditioner that are pH balanced, sulfate and paraben free.
- Avoid NSAIDs (ibuprofen, motrin, aspirin) for 2-3 days following treatment.
- Avoid coloring your hair or other chemical treatments like straightening treatments for 3-4 days after treatment.

Complications:

- If blisters or bleeding are present, infection is possible. Scarring and associated pigment changes may result from an infection. Call our office if you are experiencing blisters and/or bleeding.

If you have any questions or concerns do not hesitate to contact SpaDerma at 773-529-5277