

PRE/POST CARE INSTRUCTIONS

BBL:

BBL delivers light energy to gently heat the upper layers of your skin. The heat absorbed by the targeted areas will stimulate your skin cells to regenerate. In addition, the light energy penetrates deep into the skin to boost your body's natural ability to fight the appearance of aging. The result? Skin that's naturally beautiful and visibly younger looking, year after year!

Pre Care Instructions:

- Use sunscreen and physical sun protection.
- Avoid extended sun exposure, i.e. beach, travel to sunny locations, sunbathing, sports outdoors.
- Inform your BBL clinician if any physician has ordered Accutane for you in the last 6 months.
- Inform your doctor of any medical conditions or medications you are taking that might sensitize you to light, affect wound healing or affect coagulation.

Post Care Instructions:

- You may experience some redness in the treatment area that should resolve within a few hours.
- You may notice darkening of your pigmented spots, followed by fading and flaking off at a later stage.
- There is virtually no downtime after this non-invasive and gentle procedure. In most cases, you are able to apply make-up, return to work and resume most of your activities immediately.
- Cleanse the skin two times a day with plain, lukewarm water and a gentle cleanser. Use your hands and fingertips to cleanse using gentle patting motions. DO NOT rub, scrub, use an exfoliant soap or skin care brush, e.g. Clarisonic in the treated area.
- Moisturizer should be applied generously with clean hands over treated area and reapplied whenever your skin feels dry.
- Sunscreen is a MUST and should be used daily beginning the day of treatment and used consistently. Use sunscreen with Broadband UVA and UVB protection and a SPF of at least 30. Ensure to reapply during sun exposure. DO NOT expose your skin to direct sun exposure for 14 days. The treated area is more prone to sunburn and pigmentation change.

If you have any questions or concerns do not hesitate to contact SpaDerma at 773-529-5277