

PRE/POST CARE INSTRUCTIONS

SKINIVIVE

Post Care Instructions:

- Avoid touching the treated area for several hours (3-4 hours) following treatment, be mindful of your hair or phone touching the area as this can transfer bacteria to the skin.
- Avoid makeup for 12 hours post treatment.
- Avoid dental procedures 2 weeks post treatment.
- Avoid active skin care ingredients, extensive sun or heat, strenuous exercise and alcohol for 24 hours post treatment.
- Results are best appreciated around 1 month post injection.
- Although mild, bruising, swelling, and redness are possible side effects following treatment with Skinivive. Lumps, tenderness, firmness, discoloration, itching and pain are less common although possible following treatment. If you experience any symptoms that are bothersome contact your treatment provider.
- You may apply cool compresses following your treatment to aid in soreness and swelling.
- Taking an over the counter antihistamine like Zyrtec, Claritin or Benadryl can help with swelling.
- We recommend waiting 2 weeks before receiving any laser, microneedling, chemical peel or radio frequency treatment following skinivive treatment.
- Skinivive results last an average of 6 months. We recommend treatment every 6 months for optimal outcomes.

Call our office during office hours if you experience any of the following: Increasing pain, bothersome swelling, significant bruising or darkening around the treatment area, notabl change in the temperature to the skin surrounding the treatment area, fever over 100.5 or any other concerns you might have. If it is not during office hours, contact your doctor or go to the emergency department.

If you have any questions or concerns do not hesitate to contact SpaDerma at 773-529-5277